



THE SIGNIFICANT EDGE

Your Unfair Competitive Advantage

The Significant Edge Elite Level Confidence Assessment

Test Yours NOW!

All Elite Level Professionals seem to have one quality or characteristic overwhelmingly in common: self-confidence. As you certainly know, self-confidence can make you more imaginative, more creative, more willing to take risks, more powerful, more influential, more innovative and most importantly more significant. Even if you already enjoy self-confidence, this quiz will help you access your current confidence level. And remember, everyone can improve in life!

Directions:

This test becomes more valuable to you if you take it as many times as you feel necessary and chart your progress. By staying connected to the Significant Edge Community, listening to the audio program and undertaking the exercises, steps, and strategies they suggest, your self-confidence is bound to rise over time.

To take the test, simply print out and circle your best, most honest answer (try not to think too much with each question). When you've completed the test, refer to the scoring instructions for your personal assessment. And if you plan to take the test several times, print out and keep all copies so you can check your progress.

Self-Confidence Test:

1. I am 100% clear about what I believe to be right, good, and worthwhile.
a. always b. usually c. sometimes d. hardly ever e. never
2. I accept complete responsibility for myself and everything that happens to me.
a. always b. usually c. sometimes d. hardly ever e. never
3. In a major crisis-situation, I can remain calm and self-assured.
a. always b. usually c. sometimes d. hardly ever e. never
4. Looking over the choices I have made in stressful or times of uncertainty, I _____ regret my actions.
a. never b. hardly ever c. sometimes d. usually e. always



THE SIGNIFICANT EDGE

Your Unfair Competitive Advantage

5. My thoughts and actions are in harmony with my highest aspirations and goals.
a. always b. usually c. sometimes d. hardly ever e. never

6. Imagine you've just won \$10 million. What will you do with the money?
a. dramatically change my life
b. consider my options before changing anything
c. make minor but immediate changes
d. eventually change
e. stay the same

7. I understand what my goals are, with that whenever possible, I concentrate on one goal at a time until each goal is achieved.
a. always b. usually c. sometimes d. hardly ever e. never

8. I am doing what I love to do.
a. always b. usually c. sometimes d. hardly ever e. never

9. When I set a goal, I set a deadline for its completion.
a. always b. usually c. sometimes d. hardly ever e. never

10. I _____ feel I am in the right job.
a. always b. usually c. sometimes d. hardly ever e. never

11. I _____ know my values and have written them down.
a. always b. usually c. sometimes d. hardly ever e. never

12. Before a sales call or interview, I visualize the situation and see myself performing at the best of my abilities.
a. always b. usually c. sometimes d. hardly ever e. never

13. I walk away from a relationship — even if considerable sacrifice is involved — when I know it is the right thing to do.
a. always b. usually c. sometimes d. hardly ever e. never

14. I know what my limitations are.
a. always b. usually c. sometimes d. hardly ever e. never

15. When a co-worker is rude to me, I am upset for hours.
a. always b. usually c. sometimes d. hardly ever e. never



THE SIGNIFICANT EDGE

Your Unfair Competitive Advantage

16. I _____ organize my list of values according to their priorities in my life.
a. always b. usually c. sometimes d. hardly ever e. never
17. When I am in control of my emotions, I choose to be happy.
a. always b. usually c. sometimes d. hardly ever e. never
18. When someone cuts me off in traffic, I become angry.
a. always b. usually c. sometimes d. hardly ever e. never
19. I remain calm when unexpectedly called to my supervisor's office.
a. always b. usually c. sometimes d. hardly ever e. never
20. Rather than simply react to whatever comes my way in life, I _____ try to determine my own events in life.
a. always b. usually c. sometimes d. hardly ever e. never
21. I _____ know what my greatest strengths are
a. always b. usually c. sometimes d. hardly ever e. never
22. I grow every day from the challenges of my work.
a. strongly agree
b. agree somewhat
c. neutral
d. disagree somewhat
e. strongly disagree
23. I take every opportunity to sow positive "seeds" with other people.
a. always b. usually c. sometimes d. hardly ever e. never
24. I think before I act I make other people happy when they speak to me.
a. always b. usually c. sometimes d. hardly ever e. never
25. I am genuinely interested in other people.
a. always b. usually c. sometimes d. hardly ever e. never
26. I would rather lose an argument than a friendship.
a. always b. usually c. sometimes d. hardly ever e. never
27. I work effectively with many different kinds of people.
a. always b. usually c. sometimes d. hardly ever e. never



THE SIGNIFICANT EDGE

Your Unfair Competitive Advantage

28. I make other people happy when they speak to me
a. always b. usually c. sometimes d. hardly ever e. never
29. I am patient and calm when negotiating my salary increase.
a. always b. usually c. sometimes d. hardly ever e. never
30. Prior to a negotiation, I prepare all the known, necessary information to ensure a successful outcome.
a. always b. usually c. sometimes d. hardly ever e. never
31. I deal effectively with other people's complaints and arguments.
a. always b. usually c. sometimes d. hardly ever e. never
32. My productivity and concentration decline when friction exists between my boss and me.
a. always b. usually c. sometimes d. hardly ever e. never
33. I associate myself with confident, optimistic people.
a. never b. hardly ever c. sometimes d. usually e. always
34. I _____ fear confrontation with a difficult person.
a. never b. hardly ever c. sometimes d. usually e. always
35. I deny or repress problems, rather than dealing directly with those problems.
a. never b. hardly ever c. sometimes d. usually e. always
36. I believe "everything counts" and keep my vision clearly before me every hour of the day.
a. strongly agree
b. agree somewhat
c. neutral
d. disagree somewhat
e. strongly disagree
37. I _____ fear rejection
a. always b. usually c. sometimes d. hardly ever e. never
38. I channel my energies into the areas of my greatest potential.
a. always b. usually c. sometimes d. hardly ever e. never



THE SIGNIFICANT EDGE

Your Unfair Competitive Advantage

39. My self-confidence is related to my level of physical fitness.
- a. strongly agree
 - b. agree somewhat
 - c. neutral
 - d. disagree somewhat
 - e. strongly disagree
40. I set priorities in my life so I can focus on the activities I do best.
- a. always
 - b. usually
 - c. sometimes
 - d. hardly ever
 - e. never
41. I know what my areas of competitive advantage will be in the future
- a. strongly agree
 - b. agree somewhat
 - c. neutral
 - d. disagree somewhat
 - e. strongly disagree
42. I always tactfully say and do what I know to be right and true, no matter what the short-term cost to my career is.
- a. strongly agree
 - b. agree somewhat
 - c. neutral
 - d. disagree somewhat
 - e. strongly disagree
43. I maintain a balance between my physical well-being and the demands of my job.
- a. always
 - b. usually
 - c. sometimes
 - d. hardly ever
 - e. never
44. I can create a clear mental picture of myself performing well in a demanding situation.
- a. always
 - b. usually
 - c. sometimes
 - d. hardly ever
 - e. never
45. When I am physically fit, I am more relaxed and effective in my interactions with others.
- a. strongly agree
 - b. agree somewhat
 - c. neutral
 - d. disagree somewhat
 - e. strongly disagree
46. When I face a critical challenge in a positive way, I experience new growth and strength.
- a. always
 - b. usually
 - c. sometimes
 - d. hardly ever
 - e. never



THE SIGNIFICANT EDGE

Your Unfair Competitive Advantage

47. I provide my body with healthy, nutritious meals.
a. always b. usually c. sometimes d. hardly ever e. never
48. I look for the valuable lesson in each event I experience.
a. always b. usually c. sometimes d. hardly ever e. never
49. I accept the world as it is, rather than how I wish it to be.
a. always b. usually c. sometimes d. hardly ever e. never
50. I respect my body and realize its relation to my energy or lack of energy.
a. always b. usually c. sometimes d. hardly ever e. never

Scoring Instructions:

Add up the number of "a" answers and multiply by 4 = _____

Add up the number of "b" answers and multiply by 3 = _____

Add up the number of "c" answers and multiply by 2 = _____

Add up the number of "d" answers and multiply by 1 = _____

Add up the number of "e" answers and multiply by 0 = _____

TOTAL POINTS = _____

Key: If you scored...

180-200 points: You're in the top 10% with a strong, solid factor of self-confidence. However, with strong self-awareness also comes the realization that there's always room for improvement in consistency and intensity of self-confidence.

150-179 points: You have a moderate to moderately strong self-confidence, which is probably not good enough for you. You are confident enough to know that you can improve and realize your goals. This program can move you to the top of the confidence chart.

100-149 points: Your confidence factor falls above the midpoint of the chart. Your self-confidence can sometimes be shaky, sometimes solid. In other words, you can strongly benefit from this program to gain consistency and control in your self-confidence.

0-99 points: You probably ranked just below the mid-point on the chart, so there is much to be proud of. You need the confidence factor to put you higher on the chart of success. Do not despair — the fact that you took this test shows that you're willing to help yourself if only given the right program and the much-needed chance.



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Never Give Up!

Chart Your Progress To visualize your confidence level, study the chart that follows. After determining your score, see where you placed on the chart. Mark the spot with a small dot. Then read the description to see how well it matches how you feel about yourself. It should provide a general impression of how you see yourself, although some points will probably miss the mark slightly.

Next, study the level above the level in which you scored, assuming you didn't get a top score. Read the descriptions in the higher level. This is the type of person you're striving to become.

Retest yourself when you think you've reached this new, higher level. And continue staying plugged into the Significant Edge Community, relisten to video programs and retesting yourself until you rank between 180 and 200. Even then, it's good to watch the video programs from time to time and test yourself every month or so to make certain you are staying on target.

Until Next Time:

Be Kind

Be Bold

Be Significant